



# SKIING & SPLITBOARDING BACKCOUNTRY EQUIPMENT LIST

## CLOTHING

- Head, Hands & Feets
- Warm Hat
- Sun Hat
- Buff
- Lightweight Gloves (for uphill)
- Midweight Gloves
- Heavyweight Gloves (for Downhill)
- Waterproof and breathable
- Ski Socks
- Upper Body Layers
- Lightweight Base Layer Top
- Lightweight Fleece Jacket
- Softshell Jacket with hood
- Puffy Jacket with hood
- Lower Body Layers
- Lightweight Baselayer Bottom
- Softshell Pants

## ACCESSORIES

- Backpack (30-40 liters designed for skiing)
- Sunglasses
- Goggles
- Suncream and Lip balm (SPF 50+)
- Water 1 or 2 liters (bladders not recommended for cold days)
- Snacks, lunch and quick energy snacks
- Thermos of hot drink for cold day (optional)
- Headlamp
- Blister Kit

## SKI/RIDE

- Ski or Splitboard (we recommend tech/pin bindings and skis with a 99mm+ waist width for winter conditions)
- Climbing Skins (sized and cut for your skis or board)
- Ski or Snowboard Boots
- Ski Poles (collapsible for split boarders)
- Ski Helmet
- Ski Straps (rubber voile style)
- Ski Crampons (sized to fit your ski width and binding type)

## AVALANCHE SAFETY (may be rented from WMG)

- Transceiver (3 antenna, less than 5 years old)
- Shovel (metal blade required)
- Probe (240cm or longer)